Attention HUSKY Health Members!

Are you looking for support to improve your health? Are you visiting the hospital often due to a complex or chronic (long-term) health condition? If yes, the Care Management team is here to help you meet your health goals!

If you have a chronic health condition such as asthma, Chronic Obstructive Pulmonary Disease (COPD), diabetes, high blood pressure, sickle cell disease, or are pregnant with health risks requiring special monitoring, the Care Management team can work with you to help you find a provider and receive the care you need.

Our Care Management team includes nurses, pharmacists, social worker/behavioral health care coordinators, and dietitians. They can connect you to a Community Health Worker (CHW) based on your needs. Our Care Management staff can work with you over the phone, in person, or through videoconferencing to help you understand and take care of your health. They're here to answer questions about your health or medical condition and discuss ways to address any difficulties you may be having. This includes helping you find a Primary Care Provider (PCP) if you need one, and helping you participate in your care plan. We understand that navigating challenging health concerns can be hard, and we want to help you get the care you need.

We can help you:

- Choose a PCP and schedule an appointment.
- Arrange appointments with specialists or set up other health services.
- Learn how to prepare for your healthcare appointments and advocate for yourself during the visits.
- Make sure your healthcare team works together to give you the best care possible.
- Review your medications and answer any questions you may have.
- Develop a care plan that fits your culture, beliefs, and lifestyle.
- Learn more about healthy eating choices that honor your culture and preferences to best manage your health conditions.
- Understand your HUSKY Health benefits.
- Learn about community resources available to you.

To reach the Care Management team for support, call 1.800.859.9889 and dial extension 2023.