

Attention HUSKY Health Members!

Are you looking for support to improve your health? Are you visiting the hospital often due to a complex or chronic (long-term) health condition? If yes, the Care Management Team is here to help you meet your health goals!

If you have a chronic health condition such as asthma, chronic obstructive pulmonary disease (COPD), diabetes, high blood pressure, sickle cell disease, or are pregnant with health risks requiring special monitoring, the Care Management team can work with you to help you find a provider and receive the care you need.



Our team includes nurses, pharmacists, social workers, dietitians, and community health workers who can work with you over the phone, in-person, or through videoconference to help you learn more about how to manage your health. They're here to answer your questions about your health or medical conditions, discuss ways to address difficulties you may be having, and help you meet your health goals. We understand that navigating health concerns can be difficult, and we want to do what we can to help you get the care you need. We can help you:

- Select a primary care provider (PCP) and schedule an appointment
- Arrange appointments with specialists or set up other health services
- Learn how to prepare for your healthcare appointments and advocate for yourself during the visit
- Make sure your healthcare team works together to give you the best care possible
- Review your medications and answer any questions
- Develop a care plan that fits your culture, beliefs, and lifestyle
- Learn more about healthy eating choices that honor your culture and preferences to best manage your health conditions
- Understand your HUSKY Health benefits
- Learn about [community resources](#) available to you

To reach the Care Management team for support, call 1.800.859.9889 and dial extension 2023.