



## Men: Take Control of Your Health!

Men are at higher risk for many serious diseases, including heart disease, lung cancer, and HIV. They also face unique health problems that don't affect women, like prostate cancer.

### Plan to Take Care of Your...

#### Medical Health

Annual check-ups with your primary care provider (PCP) are an important part of a healthy lifestyle and are covered for all HUSKY Health members. These check-ups can help detect certain diseases before they become more serious.



#### Behavioral Health

If you need assistance with behavioral health issues, you are not alone. There are HUSKY Health providers to help you. To find out more about behavioral health resources available to you, [click here](#).

#### Dental Health

For dental benefits information, [click here](#) or call 855-CT-DENTAL (855.283.3682), Monday through Friday from 8:00 a.m. to 5:00 p.m.

#### Preventive Health

During your annual wellness exam, you can expect a complete health check-up based on your gender and age. Further screenings may happen based on your personalized health risk factors, such as family health history. To make sure you and your family are up-to-date on preventive services, check out the MyHealthfinder tool by [clicking here](#).



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ATTENTION: If you speak a language other than English, language assistance services are available to you, free of charge. Call 1.800.859.9889 (TTY: 711) for assistance. Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.800.859.9889 (TTY: 711).

Português (Portuguese): ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1.800.859.9889 (TTY: 711).