

# Screening, Brief Intervention, and Referral to Treatment (SBIRT)



## HUSKY Health encourages practices to support appropriate treatment services for individuals at-risk for substance misuse.

To achieve this, HUSKY Health recommends screening individuals at risk for substance misuse using validated SBIRT screening tools, evidence-based intervention guidelines, and effective referral to treatment practices. The goal of SBIRT is to provide early intervention services to at-risk individuals before more serious problems or signs of dependence develop.

To support you with SBIRT efforts, DSS is reimbursing encounters for SBIRT services performed by Primary Care Providers (PCPs), Federally Qualified Health Centers (FQHCs), and outpatient hospitals.

### **\*Billing codes to use for conducting SBIRT reimbursement:**

CPT CODE	DESCRIPTION
99408	Alcohol and/or substance (other than tobacco) abuse structured screening (e.g. AUDIT, DAST), and brief intervention (SBI) services; 15 to 30 minutes.
99409	Alcohol and/or substance (other than tobacco) abuse structured screening (e.g. AUDIT, DAST), and SBI services; greater than 30 minutes.

\*Code sets are routinely updated. Please reference the current year's manuals when billing for services. Not all codes listed above are reimbursable. For a list of codes reimbursed by DSS, please refer to the Physician Office and Outpatient Services Fee Schedule on the Connecticut Medical Assistance Program website: [www.ctdssmap.com](http://www.ctdssmap.com).

Encounters for SBIRT services performed in an FQHC setting should be coded using the appropriate SBIRT codes along with the T1015 code.

Please refer to Provider Bulletin B 2018-74 for documentation requirements and claims submission guidance for SBIRT services.

### **Additional Resources**

For a list of validated SBIRT screening tools, evidence-based intervention guidelines, and effective referral to treatment practices, please visit:

<https://portal.ct.gov/dmhas/initiatives/dmhas-initiatives/sbirt>

CT Behavioral Health Partnership (CT BHP): [www.ctbhp.com](http://www.ctbhp.com), or 1.877.552.8247

CT SBIRT: Screening, Brief Intervention and Referral to Treatment:  
<https://portal.ct.gov/DMHAS/Initiatives/DMHAS-Initiatives/SBIRT> or  
 860.418.6904

Provider Bulletin 2015-79 and PB 2016-81 also contain SBIRT referral resources and support services information